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# Saving Your Family History Gets Easier

## **Mature Lifestyles columnist plans book, CD**

Deborah Wilbrink, the columnist behind *Mature Lifestyles*' "Voices of Experience," is a personal historian in Nashville who has assisted a lot of folks in writing and publishing their memoirs.

"So many people wish, too late, that they had saved the stories of their late parents and grandparents. I want to help prevent that situation for others," she says.

Wilbrink is now writing a book about saving one's life story or family history, featuring chapters about the people with whom she wrote and songs she penned about family histories, magical moments in life and mementos that generate memories. Quilters from East Tennessee's Rose Center Quilt Guild are providing some of the illustrations.

Her book and accompanying CD are titled *Time To Tell: Your Personal & Family History*. Wilbrink is serving tips to start writing one's life story and importantly, motivates the readers with stories from seniors who have authored their own personal histories. The songs will trigger those 'Oh, I remember!' and 'I should do that!' reactions. Whether you just want to enjoy the music, read the stories or start writing or recording your own, that's for you to decide, she says.

Wilbrink hopes to finance the final days of the project with a Kickstarter campaign. People who contribute to the campaign will receive an autographed book; posters; handwritten lyrics; an hour of consulting about memoir writing; or a song written about a person they know. She hopes to raise enough money for mixing, mastering, graphic design and, maybe, book promotion.

The rewards start at \$10, and the campaign begins on March 10 at [Kickstarter.com](http://Kickstarter.com) with the title *Time To Tell* by Deborah Wilbrink. It



ends April 20.

Kickstarter is a crowdfunding website commonly used by independent artists who retain 100 percent control of the project.

"I chose Kickstarter because not only will it help me finish the project, but more people will realize that it's time to tell," Wilbrink said. "This book with music can change lives, so I want more people to hear about it and engage with its success."

Wilbrink hopes to have the book and CD out in time for Mother's Day. To learn more about her, visit [www.perfectmemoirs.com](http://www.perfectmemoirs.com).